



**Director of Coaches**  
**Kirk Cullen**

To me, playing hockey goes far beyond scoring goals and winning championships. Playing minor hockey builds lifelong friendships, promotes a healthy and active lifestyle, encourages team cooperation, and above all else is fun. What's important to me, is that our players continue to look forward to the next practice, the next game, and next year.

As the director of coaches, my goal is to expand the resource pool that is available for Knights coaches, especially our newer U7, U9, and U11 coaches. We will utilize new technologies, coaching clinics, mentoring from other Knights coaches, and other resources that become available to us. Without a doubt, having skilled and well prepared Coaches direct correlates to the players experience.

I have been involved with the Knights/Mavericks for 5 years now being both head and assistant coaches, usually for multiple teams. Also, I grew up in Sundance so I played minor hockey with Midnapore and Southside, right up until I was 21 playing Junior.

I have three kids that will all be involved in the Knights this year. One of my sons will be in U11, my other son will be U7, and my daughter will be in Squires.

I look forward to meeting many of the Knights families this upcoming season, and I am always just an email or phone call away.