1. TEAM SET UP
    - The Game Play format is Two – Four Team Game Play Model (see Figure 1). Both teams will be divided into two units, each team is required to have two goaltenders, one for each half-ice game.
    - Home team / Visiting team bench configuration for all Joust tournament games is as follows (see Figure 1).

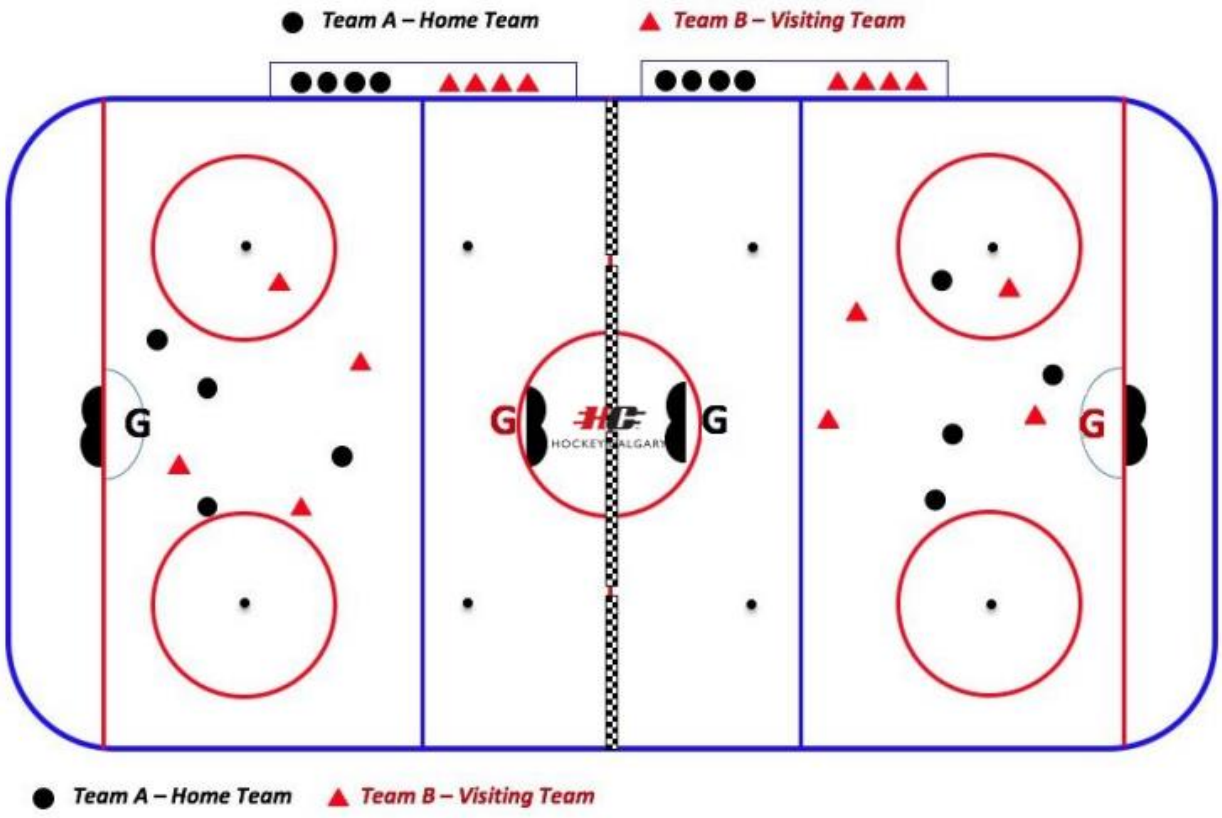

FIGURE 1: Two Team – Two Half Ice Game Model

2. GAME PLAY
    - Games will be played split squad, ie. Half red vs. half black at one end, and the other half of red and black at the other end. At the mid-point of the ice session the **'visiting'** team including goalies will switch ends and switch benches, so players can play against the other half of the opposing team
        - Teams will share the respective player benches with each team using the gate closest to the net they are defending.
        - 4 vs. 4 format – each team with a goaltender for each ½ ice game (4 total goaltenders)
        - In an instance when a team does not have enough players to play two separate 4 vs. 4 games, 3 vs. 3 can be used per Hockey Calgary Appendix III (Figure 2).

3. GAME PLAY OVERVIEW
    - Two face-offs during the game. One to start the game, and one to start the second half
    - No official score will be posted
    - No off-sides, No icing
    - Blue Pucks
    - The main score clock is used as the time keeping device for both games simultaneously
    - 1 official at each end
    - A maximum of 2 coaches per team will be permitted on each bench.

4. SHIFTS/LINE CHANGES
    - Shifts will be 1.5 minutes (90 seconds) in length. Buzzer will sound to signal to players to change.
    - When the buzzer/whistle sounds, players must relinquish control of the puck immediately and vacate the ice. The new players enter onto the ice surface immediately.
    - Failure to immediately relinquish control of the puck at the buzzer or new players entering the ice surface prematurely will result in a change of possession
    - Tag Up Rule: If there are fewer than 4 players on the bench, the active player designated to stay out for the following shift must tag up at the bench side boards prior to racing to the play the loose puck. This is enforced by the coaches, not the officials.

5. CHANGE OF POSSESSION
    - Goaltender freezes the puck – Puck shot out of play – Goal is scored
    - The official signals to the attacking team to back off 3 meters and defending/nonoffending/conceding team gets possession
    - Penalty (see below)

6. PENALTIES

    • Penalties shall be called in accordance with the Hockey Canada Officiating Program (HCOP) standard of play, within a learning environment where new officials are learning the application of the rules

    - On a penalty call, the official will raise their arm and blow the whistle immediately signaling a penalty has been called. The official will conduct a change in possession and signal to the offending team to back off 3 meters. The official will do their best to make the player aware of the infraction. However, at the conclusion of the 90 second shift, the official will approach the bench and communicate to the coach what the penalty was for and who was the infracting player.
        - The infracting player will miss their next shift
        - Play continues at even strength
7. LINE SELECTION
    - Coaches are required to balance their players at each end, so they are close to equal
    - You are NOT permitted to put your top players at one end, and your weaker players at the other end.

Appendix III – Game Format Grid

It is the expectation of Hockey Calgary that teams will arrive at the scheduled game time with a full or close to full roster and ready to play. In these cases, all games will be played 4 vs 4 and there will be no reason to utilize the following grid.

This grid will be utilized when 1 or both teams have less than the optimal amount of players. Coaches will need to work together to ensure players are maximizing their ice time.

- If both teams have more than 14 players (12 skaters), the 4 vs 4 model at both ends of the arena will always be used.
- When any 1 team has less than 14 players (12 skaters), the grid will be incorporated as per below.
- It is our hope that this will be on very rare instances

# of Players (including goalies)	Home Team # of Players	19/18	17	16	15	14	13	12	11	10
Visiting Team # of Players										
19/18		4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 one side, half of 18 player team prac.	4 vs 4 one side, half of 18 player team prac.
17		4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 one side, half of 17 player team prac.	4 vs 4 one side, half of 17 player team prac.
16		4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 One Side & 3 vs 3 One Side	4 vs 4 One Side & 3 vs 3 One Side	4 vs 4 one side, half of 16 player team prac.	4 vs 4 one side, half of 16 player team prac.
15		4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 One Side & 3 vs 3 One Side	4 vs 4 One Side & 3 vs 3 One Side	4 vs 4 one side, half of 15 player team prac.	4 vs 4 one side, half of 15 player team prac.
14		4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 Both Sides	3 vs 3 Both Sides	3 vs 3 Both Sides	3 vs 3 Both Sides	3 vs 3 Both Sides	3 vs 3 Both Sides
13		4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 One Side & 3 vs 3 One Side	4 vs 4 One Side & 3 vs 3 One Side	3 vs 3 Both Sides	3 vs 3 Both Sides	3 vs 3 Both Sides	3 vs 3 Both Sides	3 vs 3 Both Sides
12		4 vs 4 Both Sides	4 vs 4 Both Sides	4 vs 4 One Side & 3 vs 3 One Side	4 vs 4 One Side & 3 vs 3 One Side	3 vs 3 Both Sides	3 vs 3 Both Sides	3 vs 3 Both Sides	3 vs 3 Both Sides	3 vs 3 Both Sides
11		4 vs 4 one side, half of 18 player team prac.	4 vs 4 one side, half of 17 player team prac.	4 vs 4 one side, half of 16 player team prac.	4 vs 4 one side, half of 15 player team prac.	3 vs 3 Both Sides	3 vs 3 Both Sides	3 vs 3 Both Sides	3 vs 3 Both Sides	3 vs 3 Both Sides
10		4 vs 4 one side, half of 18 player team prac	4 vs 4 one side, half of 17 player team prac	4 vs 4 one side, half of 16 player team prac	4 vs 4 one side, half of 15 player team prac	3 vs 3 Both Sides	3 vs 3 Both Sides	3 vs 3 Both Sides	3 vs 3 Both Sides	3 vs 3 Both Sides

FIGURE 2: Hockey Calgary Game Format Grid